

STIMOL

CITRULLINE MALATE

Effervescent powder

PACKAGE LEAFLET: INFORMATION FOR THE USER

STIMOL 1 g, effervescent powder for oral solution in sachet-dose
Citrulline malate

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to take STIMOL 1 g, effervescent powder for oral solution in sachet-dose carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What STIMOL 1 g, effervescent powder for oral solution in sachet-dose is and what it is used for?
2. Before you take STIMOL 1 G, effervescent powder for oral solution in sachet-dose?
3. How to take STIMOL 1 g, effervescent powder for oral solution in sachet-dose?
4. Possible side effects?
5. How to store STIMOL 1 g, effervescent powder for oral solution in sachet-dose?
6. Further information.

1. WHAT STIMOL 1 g, effervescent powder for oral solution in sachet-dose IS AND WHAT IT IS USED FOR?

Pharmacotherapeutic group: antiasthenic drug.

Therapeutic indications

This medicinal product is recommended in case of tiredness for adults and children above 6 years old.

2. BEFORE YOU TAKE STIMOL 1 g, effervescent powder for oral solution in sachet-dose?

Contra-indications

Do not take STIMOL 1 g, effervescent powder for oral solution in sachet-dose:

- In case of known allergy to one of the ingredients.

If in doubt, it is advisable to ask your physician or your pharmacist for advice.

Take special care:

In case of low-salt diet, take into account the 100mg dose of sodium per sachet in the daily supply.

Due to the acid pH, the sachets have to be diluted in a glass of water.

Precaution for use:

If in doubt, do not hesitate to contact your physician or your pharmacist.

Taking other medicines:

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Pregnancy and breast-feeding

Pregnancy:

It is advisable not to take this medicine during pregnancy.

If you discover that you are pregnant during the treatment, consult your physician as he only can judge the necessity to follow it

Ask your doctor or pharmacist for advice before taking any medicine.

Breast-feeding

It is not advisable to take this medicine during lactation.

Ask your doctor or pharmacist for advice before taking any medicine.

3. HOW TO TAKE STIMOL 1 g, effervescent powder for oral solution in sachet-dose?

Dosage:

For adults and children above 6 years of age.

Adult: 3 sachets daily, in several intakes.

Children above 6 years: 2 sachets daily, in several intakes.

Way of use:

Oral use.

Dilute the contents of the sachets in a glass of water.

Duration of treatment:

Do not exceed 4 weeks of treatment.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS?

Like all medicines, STIMOL 1 g, effervescent powder for oral solution in sachet-dose can cause side effects, although not everybody gets them.

▪ Rarely, light gastric burnings at the beginning of the treatment.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE STIMOL 1 g, effervescent powder for oral solution in sachet-dose?

Keep out of the reach and sight of children.

Expiry date

Do not use STIMOL 1 g, effervescent powder for oral solution in sachet-dose after the expiry date which is stated on the outer carton and the sachets.

Storage conditions

No special condition for storage.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What STIMOL 1 g, effervescent powder for oral solution in sachet-dose contains?

The active substance is:

Citrulline malate* 1 g

* formed *in situ* from 566.44 mg of L-citrulline and 433.56 mg of DL-malic acid.

For one sachet dose

The other ingredients are:

Povidone, sodium bicarbonate, maltodextrine, sodic saccharine, strawberry aroma (flavouring substances, gum arabic, maltodextrine).

What STIMOL 1 g, effervescent powder for oral solution in sachet-dose looks like and contents of the pack?

This medicinal product is presented in an effervescent powder in sachet-dose. Box of 18 or 36 sachets.

HOLDER

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MANUFACTURER

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This leaflet was last approved in 23/01/2008.

Detailed information about this medicine is available on the website of Afssaps (France).